

**MAKAHIKI !
2020 HAWAII GOALS RETREAT
JANUARY 27-31ST, 2020**



**Please join us for our
Makahiki Celebration on the
Big Island of Hawaii
Monday January 27th through
Friday January 31st !**

The Big Island of Hawaii offers so many wonderful opportunities to celebrate all that makes Hawaiian culture special. Art exhibits, cultural programs, dolphin excursions, horseback riding, and incredible locations like the Valley of the Kings, Akaka Falls, Waimea, Mauna Kea and Hilo make the Big Island truly unique.

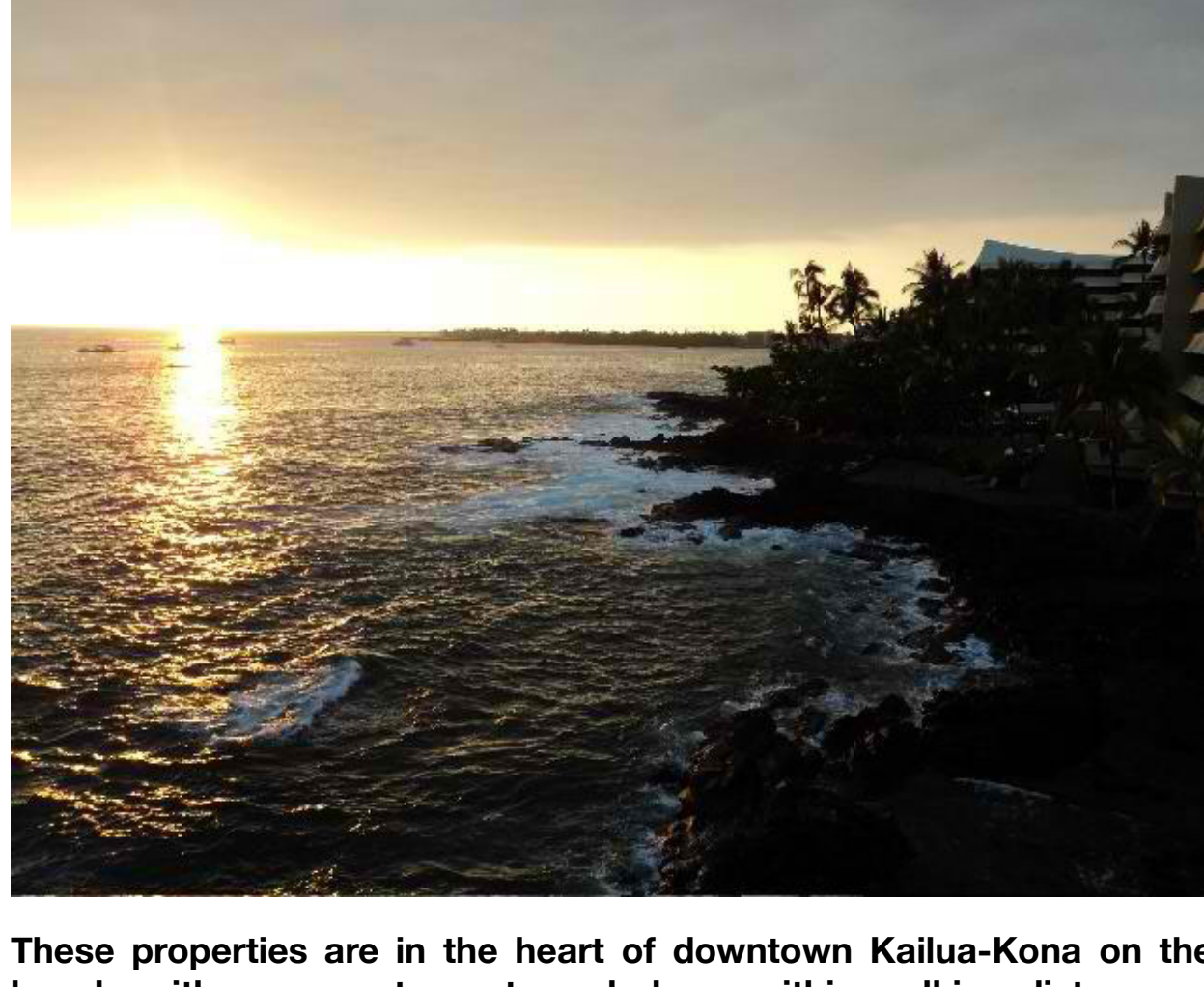


Makahiki (often called Hawaiian Christmas) was traditionally a time where all the tribes set aside their differences, uniting to celebrate Hawaiian culture, the strength and beauty of the Hawaiian people, and to honor the Hawaiian gods and goddesses who are so present in the sacred Hawaiian mythology.

The Polynesian people have always honored the sacred beings (including the Pleiadians) who ruled both the Earth and the Heavens. We can learn from these ancient mythologies about how to honor ourselves, our Ohana and Mother Earth by honoring King Kamehameha and the ancient Hawaiian people. Were you among the ancient Polynesians? We will explore our collective past lives and spiritual roots uniting us in the land of splendor and adventure - all that Hawaii represents, including the ancient civilization of Lemuria. A POWERFUL PLACE TO SET OUR GOALS FOR 2020!

LODGING AND ACCOMMODATIONS :

We suggest lodging at the Hale Kona Kai and its affiliated properties: <https://www.halekonakai-hkk.com/> (one, two or three bedroom condos) or at the adjacent Royal Kona Resort, <https://www.royalkona.com>



These properties are in the heart of downtown Kailua-Kona on the beach, with many restaurants and shops within walking distance, a twenty minute drive from the Kona airport. Most airlines offer direct flights from Los Angeles or San Francisco to the Big Island.

PLANNED ACTIVITIES :



- DOLPHIN EXCURSIONS WITH CHINA MIKE AND MELANIE
- VOLCANO EXCURSION WITH PELE
- AKAKA FALLS AND HILO
- WAIMEA AND THE VALLEY OF THE KINGS
- HAWAIIAN LUAU AT ROYAL KONA HOTEL
- CITY OF REFUGE AND KEALAKEKUA BAY
- MEDITATION/HEALING WORKSHOPS AND INDIVIDUAL SESSIONS
- HEIAU (SACRED HAWAIIAN TEMPLE) EXCURSIONS



RESERVATION INFORMATION :

**Reservations and Prepayment due on/before
Wednesday December 11th, 2019**

Lecture Fee: \$695 per person covers lectures, daily excursions and group transportation, dolphin boat, luau, individual sessions. You are responsible for all other costs of travel, lodging, meals.



Please contact Melinda Hess, mgodhess@aol.com or 310-560-6222, to receive further information about this trip. We hope you will join us !

**Mahalo,
Melinda and Steve**

